



## Bird Breakfast

Make some worms from 10cm lengths of wool of 4 different colours

1. Scatter the 'worms' over an area in the woodland
2. Tell the children they are going to become little birds that are hungry and need to find worms to eat that are hidden
3. On regrouping, discuss who found enough food to survive (a little bird needs to eat  $\frac{1}{3}$  of its body weight a day in the colder months) and which 'worms' were easier/more difficult to find.

Use this game to illustrate why most minibeasts are camouflaged.