



## Caterpillar Race

Obtain some soft material to tie children's legs together  
- the tops of old tights are ideal.

Divide the group into small teams.

Connect the first and second child in the line by their right legs, the second and third by their left legs, the third and fourth by their right, and so on.

2. Once tied together, team members should put their hands on the shoulders of the person in front of them.

3. Can the team move together to a point identified?  
The lead child is the brain and gives orders to the rest of the body.